

OSHF Professional Development Session

including

Core Stabilization Training Workshop & CSEP CPT Recertification Option

Saturday October 9, 2010 – Ottawa, ON

Gladstone Sport & Health Centre, 18 Louisa Street

CATEGORY	OSHF Fee	Inc. 13% HST
Full Day (CPT Recert + Complex Core Workshop)	\$85.00	\$96.05
CPT Recert Workshop ONLY	\$60.00	\$67.80
Complex Core Workshop ONLY	\$40.00	\$45.20
Non-CSEP members (Complex Core ONLY)	\$50.00	\$56.50

WORKSHOP OVERVIEW

- Optional CSEP CPT Recertification Workshop
9:00am – 1:00pm
- Hands-on Complex Core Training Workshop
www.complexcore.at
1:30pm – 5:00pm
- Lunch, beverages, and snacks (lunch for full day registrants only)

For CSEP CEPs: 10 PDCs

For all participants: Certificate of Completion

REGISTRATION INFORMATION

Name: _____

Street address: _____

_____ City: _____

Prov: _____ Postal code: _____

Phone: _____

Email: _____

Registering as: (check one)

- CSEP Member Full Day **\$96.05**
- CSEP Member CPT Recert ONLY **\$67.80**
- CSEP Member Complex Core ONLY **\$45.20**
- Non-CSEP Member (Complex Core) **\$56.50**

Can you bring your own exercise mat? YES NO

PAYMENT INFORMATION

Method of Payment: (circle one) **Cheque*** M/C VISA

Total Payment: \$ _____ Card Number**: _____ Expiry (mm/yy): _____

Please return completed forms to the OSHF office:

370-18 Louisa Street
Ottawa, ON K1R 6Y6

Via fax: (613-234-3565) Via email: membership@oshf.ca

For questions or to register by phone, contact:
(877) 651-3755 x222

Signature: _____

Date: _____

* All cheques payable to *Ontario Society for Health and Fitness*

** To pay via credit card over the phone, call OSHF Membership Services at 1-877-651-3755 ext.222